

# Kualapu'u Public Conversion Charter School

Whole grain 100% steamed rice, Dairy 1% milk

SUBJECT TO CHANGE WITHOUT NOTICE

## SEPTEMBER 2023

### FRESH FRUIT & VEG

Monday	Tuesday	Wednesday	Thursday	Friday
				1 ULU
4 NO SCHOOL LABOR DAY	5 GRANNY SMITH APPLES	6 KALO	7 WATERMELON	8 STAR FRUIT
11 BOSC PEARS	12 STRAWBERRY	13 BLUEBERRY	14 BANANA	15 YAM
18 PEARS BARTLETT	19 MUSHROOMS	20 EARLY RELEASE	21 FINGERLING POTATO	22 STRAWBERRY
25 FUJI APPLE	26 RED GRAPES	27 PINEAPPLE	28 RED GRAPES	29 ORANGE

"This institution is an equal opportunity provider."