



# Kualapu'u Public Charter School

## BREAKFAST & LUNCH MENU

### January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 	3	4	5
8 French Toast Sticks pineapple, apple crisp  Cheese Pizza edamame, carrots, mixed fruit  <b>FUJI APPLE</b>	9 Portuguese Sausage rice, apple, peaches  Chili Nachos coleslaw, applesauce  <b>KIWI</b>	10 Pizza Bagel fruit juice, pears  Chicken Patty sandwich, tater tots, lettuce & tomato, orange  <b>SUGAR SNAP PEAS</b>	11 Coffee Cake sausage link, mixed fruit, applesauce  Roast Turkey & gravy whipped potato, broccoli, peaches, roll  <b>PINEAPPLE</b>	12 Pork sausage rice, fruit juice, pineapple  Beef Patty w/ gravy rice, rainbow salad, fruit slushy  <b>ULU</b>
15 NO SCHOOL Martin Luther King Jr 	16 Beef Franks w/ rice craisins, pineapple  Pepperoni Pizza corn & carrots, apple  <b>BOSC PEAR</b>	17 Breakfast Pizza orange, fruit juice  Beef Soft Taco lettuce & diced tomato pear  <b>GREEN GRAPES</b>	18 Fruit Muffin sausage link, applesauce, pineapple  Chicken Potstickers veggie sticks, orange  <b>BANANA</b>	19 Cinnamon Roll orange, fruit juice  Hamburger Sandwich corn & edamame, tater tots, applesauce  <b>BLACKBERRY</b>
22 Cinnamon waffle mixed fruit, pineapple  Chicken Patty w/ gravy rice, carrots & broccoli peaches  <b>G. SMITH APPLE</b>	23 Banana Bread link sausage, fruit juice pear  Hot Dog in a Bun tater tots, coleslaw pineapple  <b>HONEY DEW</b>	24 Cheese breadstick marinara sauce, craisins  Tuna & Chips veggie sticks, strawberry fruit gel  <b>EARLY RELEASE</b>	25 Portuguese Sausage rice, pineapple, applesauce  Creole Mac rainbow salad, peaches, roll  <b>BLACK GRAPES</b>	26 Oatmeal w/ toast peaches, apple crisps  Tasty Tender & Rice baked beans, broccoli, orange  <b>KALO</b>
29 Cinnamon Bagel peaches, mixed fruit  Cheese Bites marinara sauce, broccoli & carrots, apple  <b>PEAR</b>	30 Breakfast Chicken patty, rice, pears, fruit juice  Hamburger Curry rice, green salad, pineapple  <b>TANGERINE</b>	31 Breakfast Pizza apple, pineapple  Chicken Tender fries, veggie sticks orange  <b>ASPARAGUS</b>	1 Breakfast Burrito orange, craisins  Fish Sandwich tater tots, baked beans coleslaw, peaches  <b>BLUEBERRY</b>	2 Fruit Muffin sausage link, apple, peaches  Mini Corn Dogs broccoli & corn mixed fruit  <b>BABY CARROT</b>

Monday, Wednesday, Friday: A cereal option will be offered Tuesday, Thursday: A yogurt option will be offered

Whole grain 100% steamed rice, Dairy 1% milk\*

**ALL CAPS:** Fresh Fruit or Vegetable Snack

\*Subject to change without notice

"This Institution is an equal opportunity provider"